PRACTICE PPE SAFETY

**DO**

- **Reduce Environmental Bioburden**
  - Keep all surfaces clean and avoid touching PPE or bed/counter. Use single patient use equipment.

- **Use Additional Barriers as Needed**
  - Consider using a towel or pad to protect clothing and PPE, especially within 3 feet of the patient.

- **Doff Meticulously**
  1. Remove gown and gloves.
  2. Remove goggles/face shield.
  3. Remove mask.
  - Use your facility’s protocol in the order and location specified. Remove mask/respirator last.

- **Disinfect Gloves With Hand Sanitizer**
  - Use alcohol-based hand sanitizer on gloves frequently and prior to doffing gloves.

**DON’T**

- **Forget About Your Own Condition**
  - Pay attention to how you feel and any indicators of PPE problems like foggy goggles.

- **Touch Your Skin or Hair**
  - Tie back long hair and consider headbands or pins to decrease temptation to touch hair or face.

- **Contaminate PPE**
  - Avoid leaning against bed rails and counters. Don’t touch your PPE.

- **Adjust Goggles, Face Shield, or Mask**
  - Secure eyewear and mask or respirator to prevent adjustments in the patient environment.