N95 User Seal Check

Important notes

With any N95, you should always **perform a seal check** each time it is donned. **Follow** the manufacturer’s manual for best practice.

*Each time, Every time. Your Safety Depends on it.*

Positive pressure user seal check

1. **Exhale** gently while blocking the paths for air to exit the face piece.
2. **Ensure** that the face piece is slightly pressurized before pressure causes outward leakage.

-negative pressure user seal check

1. **Inhale** sharply while blocking the paths for air to enter the face piece.
2. **Ensure** that the face piece collapses slightly under negative pressure that is created with this procedure.

If you can’t achieve a proper seal...

1. If the air leaks out between your face and the respirator, the respirator does not fit your face properly.
2. **DO NOT** enter a hazardous area.
3. **Readjust** the respirator and check the seal again.
4. If you are still unable to get a good seal, **talk** to your supervisor for a new N95.