Cleaning your Stethoscope

What you need:
- Disinfecting wipes
- Gloves
- Q-tips

Anatomy of stethoscope:
- Ear buds
- Diaphragm
- Bell
- Ear tubes
- Tubing

How to store stethoscope after use:
Keep the dirty stethoscope in a bag.

Steps:
1. Sanitize gloves.
2. Place disinfecting wipe on table.
3. Remove the dirty stethoscopes from bag and place on wipe.
4. Wipe the entire stethoscope.
5. Remove the ear pieces.
6. Wipe the tip of the ear pieces.
7. Push wipe into the each ear piece with a Q-tip and clean.
8. Remove the rim of the diaphragm.
9. Wipe the inside cover and the diaphragm of the stethoscope.
10. Wipe the rim of the diaphragm.
11. Place the rim back onto the diaphragm.
12. Remove the rim of the bell.
13. Wipe the rim of the bell.
14. Place the rim back.
15. Hang stethoscope to dry.
16. Store clean stethoscope in a plastic bag.
17. Remove gloves.

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Cleaning your Stethoscope in between patients

**Patient room**

1. Keep the dirty stethoscope in a bag after use.
2. Doff your equipment properly.
3. Exit patient room.

**Cleaning**

4. Put on fresh pair of gloves.
5. Sanitize gloves.
6. Place disinfecting wipe on table.
7. Remove the dirty stethoscopes from bag and place on wipe.
8. Wipe the entire stethoscope.
9. Wipe the tip of the ear pieces.
11. Store clean stethoscope in a plastic bag.
12. Sanitize gloves.
13. Decon any other equipment.
14. Remove gloves.

**Enter**

15. Don your equipment properly and Enter next patient room.