What You Need

- Gown + Gloves
- N95 Respirator
- Face shield or goggles
- Gloves

Gown + Gloves

1. **Remove** any personal items and jewelry and put in secure location, not in pockets.

2. **Sanitize** hands.

3. **Put on** contact gown outside room.
   - Open-end faces your back.
   - Tie the back of the gown.

4. **Put on** gloves over the cuffs of the gown.

5. **Put on** N95, ensuring proper seal.
   - **Ensure** straps are not crossing.

6. **Place** hands over the front of the N95.
   - **Breathe** an easy deep breath in and out.
   - If you feel air escape the edges, **refit** and **repeat**.

7. **Sanitize** gloves.

Respirator

Eyes + Entry

8. **Put on** face shield.

9. **Sanitize** gloves.

10. **ENTER** room
    - **DO NOT** enter the room if you do not achieve a proper respirator seal.

11. **Do not** touch face or re-adjust N95 or face shield inside room.

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