**What You Need**

- Coveralls
- N95 Respirator
- Clean face shield
- Inner gloves
- Outer gloves

### Coveralls + Gloves

1. **Batch work and plan ahead**, having items available outside each patient room.

2. **Put on** gown outside room.
   - Open-end **faces** your back.
   - **Tie** the back of the gown.

3. **Sanitize** hands.

4. **Put on** first pair of gloves.

5. **Sanitize** gloves.

6. **Put on** second pair of gloves over the cuffs of the gown.

### Respirator

7. **Put on** N95, ensuring proper seal.
   - **Ensure** straps are not crossing.

8. **Place** hands over the front of the N95. **Breathe** an easy deep breath in and out.
   - If you **feel** air escape the edges, **refit** and **repeat**.

9. **Sanitize** outer gloves.

10. **Put on** face shield.

11. **Sanitize** outer gloves.

12. **ENTER room**

13. **Do not** touch face or re-adjust N95 or face shield inside room.

**DO NOT enter** the room if you do not achieve a proper respirator seal.